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Book Rehabilitation College of Health Science  
School of Applied Health Science

Clinical Mental Health Counseling Program

## Clinical Mental Health Counseling Program Objectives

1. Demonstrate knowledge of the history and evolution of the mental health field, including the roles of various professionals and the impact of social and cultural factors on mental health care.

2. Apply ethical and legal principles to the practice of mental health counseling, including the importance of confidentiality and informed consent.

3. Utilize assessment and diagnostic skills to identify mental health issues and develop appropriate treatment plans.

4. Implement evidence-based interventions and techniques to address the needs of diverse populations.

5. Collaborate with other professionals and community resources to provide comprehensive care.

6. Engage in self-reflection and professional development to maintain and enhance clinical skills and ethical standards.

7. Advocate for the mental health needs of individuals and communities, and promote the availability of mental health services.

8. Demonstrate cultural competence and sensitivity to the unique needs and experiences of diverse populations.

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## Clinical Mental Health Counseling Evaluation Plan

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**4. Accurately interview, assess and identify clients' problems.**

- Associated KPI and CACREP standard: Entry level specialty CMHC, 5.C., Students will demonstrate the knowledge and skills necessary to address foundations, contextual dimensions, and practice within the context of clinical mental health counseling.
- Evaluation plan:
  - Individual data: MHC 506 Diagnosis and Treatment of Psychopathology, Final Exam Rubric, CCS-R faculty scores in Summer 1 and again in Spring 2 of the program
  - Program Aggregate data: Psychopathology Final Exam Rubric mean scores, CCS-R group mean scores

**5. Monitor personal reactions to clients and peers while assessing interpersonal impact on others.**

- Associated KPI and CACREP standard: Professional Counseling Orientation and Ethical Practice, 2.F.1.i., Students will understand ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling
- Evaluation plan:
  - Individual data: MHC 502, Legal Ethical and Professional Standard Code of Ethics Paper Rubric, CPCE scores, and CCS-R faculty scores in Summer 1 and again in Spring 2 of the program
  - Program Aggregate data: Code of Ethics Paper Rubric mean scores, CPCE non-exit exam mean scores, and CCS-R group mean scores
- **Demonstrate ability to communicate recognized resiliencies and strengths of clients in treatment planning and counseling.**
- Associated KPI and CACREP standard: Counseling and Helping Relationships, 2.F.5.f, Students will demonstrate an understanding of counselor characteristics and behaviors that influence the counseling process
- Evaluation plan:
  - Individual data: CPCE, and CCS-R faculty scores in Summer 1 and again in Spring 2 of the program
  - Program Aggregate data: CPCE non-exit exam mean scores and CCS-R group mean scores
- **Highlight the interactive dynamics in a household and among extended family and society as individual's developmental needs align or conflict with each other**
- Associated KPI and CACREP standard: Human Growth and Development, 2.F.3.f, Students will demonstrate an understanding of systemic and environmental factors that affect human development, functioning, and behavior
- Evaluation plan:
  - Individual data: MHC 501, Human Growth and Development Critical Incident Paper Rubric and CPCE scores
  - Program Aggregate data: Critical Incident Paper Rubric mean scores and CPCE non-exit exam mean scores

In addition to the evaluation plan outlined above for each program objective, the following data is